

MD. RAIHAN CHODHOURY

Chunakhali, Mistripara, Ramchandrapur hat, Chapainawabganj.

Mobile: 01728-755105

E-mail:mrchodhoury@gmail.com.



Objectives

To inspire and serve as a role model to children in achieving fitness and good health to become a part of the pool of esteemed educators at a well-known university to promote physical fitness in the school and the community to mentor obese children and guide them into fitness and healthy living.

Personal Skills

- Highly motivated and eager to learn new things.
- Strong motivational and leadership skills.
- Ability to produce best result in pressure situation.
- Excellent communication skills in written and verbal both.
- Ability to work as individual as well as in group.

Professional Skills

- Handball, Basketball, volleyball, Football with others 13 sports event basic rules & skills.
- Desktop Application (MS Word, MS Power Point, Excel).
- Fundamentals of IT.
- Online Application.
- Computer networking and data communication.

Academic Qualification

Exam Title	Department	Institute	Board	GPA/ Result	Passing Year
MSc	Physical Education & Sports Science (PESS)	Jashore University of Science and Technology	JUST	Thesis on Going	
BSc	Physical Education & Sports Science (PESS)	Jashore University of Science and Technology	JUST	3.69 out of 4.00	2018
HSC	Science	Nawabganj Govt. College	Rajshahi	4.80 out of 5.00	2014
SSC	Science	Fulkuri Islamic Academy	Rajshahi	5.00 out of 5.00	2012

Language Proficiency

Language	Speaking	Reading	Writing
English	Medium	High	High
Bangla	High	High	High

Research and Training Involvement :

Title	Topic	Institution / People	Duration
Project Work	Change in Power & Strength endurance for 6-8 years old boys.	Jashore District's Primary & High school level student.	3 months
Project Work	Growth Status of 9-11 years boys.	District of Jashore.	2.5 month
Specialization	Handball	Jashore University of science and Technology	1 month
Coachers Coaches	AFC Grass root Football Coaches certificate course	BKSP, Khulna	5 days
Coachers Coaches	International certificate course on Coaching Gymnastics	I.A.P.E.S	4 days
Referees course	Handball Referees Training course, 2021	Bangladesh Handball Federation Dhaka	5 days

Participation in Sports

- i. 2011 Inter School Handball Championship. (**Champion**)
- ii. 2012 Igloo 2nd division Handball League. (**Runner-up**)
- iii. 2013 8th Bangladesh Games.
- iv. 2013 Walton Cup Handball Tournament
- v. 2014 Marcel 1st division Handball League. (**Runner-up**)
- vi. 2014 – 2020 Regular player of Chapainawabganj District Team
- vii. 2016 Tchoukball National Championship. (**Runner-up**)
- viii. 2016 – 2021 Regular player of JUST Handball Team.
- ix. 5th Bangladesh University Games (Handball) 2017, held at Dhaka University and BUET (**Runner-Up**)
- x. Inter University (Handball) Competition 2018, held at Bangladesh Agriculture University, Mymensingh (**Runner-up**).
- xi. 2017 5th Bangladesh University Games (Basketball).
- xii. 2019 Inter University Basketball

Participation on Seminar & Other Activities

- 2nd day International Seminar On “New Frontiers of Research in Physical Education and Sports Science” (07-08 December 2016) held at Jashore University of Science and Technology.
- I present a paper on “ One day international seminar on Trends, Issues, and Development in Physical Education and Sports Science” at India.
- I present a paper on “ National Seminar on Holistic Education Harmonizing the body, mind and sprit” at India.
- Certificate of completion in Physical fitness - How to avoid injuries and train safely revised.
- Certificate of completion in Human Health – Diet and Nutrition.
- Certificate of completion in Physical Education – Coaching Styles and Techniques.
- Certificate of completion in Human Skeletal system introduction.
- International Conference on Modern Approach on Kinanthropometry.
- International Conference on Physical Education 2021.
- International Conference on Physical Education and Exercise Science 2021.
- BASEM Spring Conference 2020 Hip and Groin vision day- Adding focus in an unclear world.
- International Webinar on “ Role of nutrition in management of lifestyle disorders.”
- International Sports Webinar on Injury Management.
- Webinar on International Day of Yoga.
- International Webinar on “ Purposeful and engaging physical education activities in a covid-19 safe environment.
- International Workshop on Kinanthropometry and Human welfare.

Experiences

- Former Trainer of Fulkuri Islamic Academy Handball team, Chapainawabganj.
- Former Trainer of Chapainawabganj districts Youth Handball and Football Team.
- Experienced to take practical class and examination of various games and sports.

Personal Information

Name : Md. Raihan Chodhoury
Father's Name : Md. Sumsuddin Ahmed
Mother's Name : Mst. Nadira Begum
Date of Birth : 05 May, 1997
Gender : Male
Marital Status : Unmarried
Blood Group : A+
Height : 5’6”
Weight : 60 kg
Nationality : Bangladeshi
Religion : Islam
Present Address : Jashore University of Science and Technology. Jashore-7408.
Permanent Address : vill: Chunakhali Mistripara, po: Ramchandrapur hat, Upozilla: Chapainawabganj Sador, district: Chapainawabganj.

References

Dr. Md. Zafiroul Islam

Professor

Dept. of Physical Education & Sports Science

Jessore University of Science & Technology (JUST)

E-mail: zafiroul@yahoo.com

Mobile No: +8801712158313

Dr. Md. Nasim Reza

Professor

Dept. of Physical Education & Sports Science

Jessore University of Science & Technology (JUST)

E-mail: drmdnasimreza@gmail.com

Mobile No: +8801711159237

Declaration

I declare that the information provided above is correct.



.....
Signature